

# Bertakoa Restauration

| <b>Allergènes</b>          | <b>Gluten</b> | <b>Crustacés</b> | <b>Œuf</b> | <b>Poisson</b> | <b>Soja</b> | <b>Lait/ crème</b> | <b>Arachide</b> | <b>Fruit à coques</b> | <b>Céleri</b> | <b>Moutarde</b> | <b>Sésame</b> | <b>Mollusque</b> | <b>Lupin</b> | <b>Sulfites</b> | <b>Porc</b> |
|----------------------------|---------------|------------------|------------|----------------|-------------|--------------------|-----------------|-----------------------|---------------|-----------------|---------------|------------------|--------------|-----------------|-------------|
| Menus                      |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| 11/04/2023                 |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Salade composée            |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Poisson en sauce           | X             | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Riz                        |               | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Brocolis au four           |               | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Brownies au chocolat       | X             |                  | X          |                |             | X                  |                 | X                     |               |                 |               |                  |              |                 |             |
| Compote de pomme BIO       |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| 12/04/2023                 |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Soupe Alphabet             | X             |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Rôti de dinde en sauce     |               | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Boulgour                   | X             | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Kiwi                       |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Yaourt BIO nature sucré    |               |                  |            |                |             | X                  |                 |                       |               |                 |               |                  |              |                 |             |
| 13/04/2023                 |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Crème dubarry              |               | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Galette de légumes         |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Purée de pomme de terre    |               |                  |            |                |             | X                  |                 |                       |               |                 |               |                  |              |                 |             |
| Compote vanille HVE        |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Fromage de vache de Laura  |               |                  |            |                |             | X                  |                 |                       |               |                 |               |                  |              |                 |             |
| 14/04/2023                 |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Carottes râpées            |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| Lomo au jus                | X             | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 | X           |
| Lentilles                  |               | X                |            | X              | X           |                    |                 |                       | X             |                 |               | X                |              |                 |             |
| Yaourt à boire à la fraise |               |                  |            |                |             | X                  |                 |                       |               |                 |               |                  |              |                 |             |
| Fruit de saison BIO        |               |                  |            |                |             |                    |                 |                       |               |                 |               |                  |              |                 |             |
| VINAIGRETTE                | X             |                  | X          |                | X           | X                  |                 |                       |               | X               |               |                  |              |                 |             |

x

x

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| <b>Allergènes</b>   | Gluten | Crustacés | Œuf | Poisson | Soja | Lait/ crème | Arachide | Fruit à coques | Céleri | Moutarde | Sésame | Mollusque | Lupin | Sulfites | Porc |
|---------------------|--------|-----------|-----|---------|------|-------------|----------|----------------|--------|----------|--------|-----------|-------|----------|------|
| Menus               |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| 17/04/2023          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Lasagne             | X      |           | X   |         | X    | X           |          |                |        |          |        |           |       |          |      |
| Salade              |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Compote             |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Palet breton        | X      |           | X   |         | X    | X           |          | X              |        |          |        |           |       |          |      |
| 18/04/2023          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Velouté de poireaux |        | X         |     | X       | X    |             |          |                | X      |          |        | X         |       |          |      |
| Saucisse            |        |           |     |         |      |             |          |                | X      |          |        |           |       |          | X    |
| Pâtes BIO           | X      | X         |     | X       | X    |             |          |                | X      |          |        | X         |       |          |      |
| Clementine          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Yaourt              |        |           |     |         |      | X           |          |                |        |          |        |           |       |          |      |
| 19/04/2023          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Betteraves BIO      |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Haut de cuisse      |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Semoule             |        | X         |     | X       | X    |             |          |                | X      |          |        | X         |       |          |      |
| Piperade            |        | X         |     | X       | X    |             |          |                | X      |          |        | X         |       |          |      |
| Vache qui rit       |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Beignet au chocolat | X      |           | X   |         | X    | X           | X        | X              |        |          |        |           |       |          |      |
| 20/04/2023          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Tomate cerise       |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Pizza               | X      | X         | X   | X       |      | X           |          |                | X      | X        |        | X         |       |          | X    |
| Salade              |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Yaourt vanille      |        |           |     |         |      | X           |          |                |        |          |        |           |       |          |      |
| Pomme               |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| 21/04/2023          |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| Rollitos de légumes | X      | X         |     |         | X    |             |          |                |        |          |        |           |       |          |      |
| Tortilla            |        |           | X   |         |      |             |          |                |        |          |        |           |       |          |      |
| Menestra de légumes |        | X         |     | X       | X    |             |          |                | X      |          |        | X         |       |          |      |
| Compote             |        |           |     |         |      | X           |          |                |        |          |        |           |       |          |      |
| Rondelé BIO         |        |           |     |         |      |             |          |                |        |          |        |           |       |          |      |
| VINAIGRETTE         | X      |           | X   |         | X    | X           |          |                |        | X        |        |           |       |          |      |